

## **ABC ORGANIZATION POLICY AND PROCEDURE**

APPROVED ON: 00/00/XXXX

REVIEWED ON: 00/00/XXXX

REVISED ON: 00/00/XXXX

NARR STANDARD F18b.

### **INFECTION CONTROL POLICY**

ABC ORGANIZATION is committed to preventing the spread of communicable disease through education and identification of house members and employees with infections or potential infection based on signs and symptom presentation, or who are highly susceptible to infections and to ensure that steps are taken to control the spread of such infection.

House members and staff will be trained on the importance of hand hygiene, healthy eating, and self-care as well as the handling of blood; all body fluids, secretions, and excretions, regardless of whether or not they contain visible blood; non-intact skin; and, mucous membranes.

Access to spill kits with instructions for the safe handling, storage and disposal of bio-hazardous materials will be made available.

The recovery home will make available handwashing stations in areas to include bathrooms, kitchens, laundry rooms and common areas.

Members will be responsible for washing of their own linens and clothing.

A member who is concerned about the health of another house member or staff member may ask the house manager to ensure that the identified individual has access to obtain the appropriate health care.

Should an individual be diagnosed with a contagious disease, he or she may be asked to seek a higher level of care, hospital care or isolation to their bedroom with limited contact with others, as appropriate.

# Health and Safety Handout

## Infection Control

One of the Facility's primary concerns is the safety of persons served, staff members and stakeholders. To encourage safe practices, the Facility has taken a commitment to wellness.

You can expect the following:

- A clean environment
- Disinfecting of medical equipment
- Consistent use of standard and transmission-based precautions
- Screening of past and present medical conditions and illnesses
- The use of clean personal protective equipment

## Hand Washing Technique

**Wet** your hands with clean, running water, turn off the tap and apply soap.

**Lather** your hand by rubbing them together with the soap. Be sure to lather the backs of your hands, between your fingers and under your nails.

**Scrub** your hands for at least 20 seconds.

**Rinse** your hands well under clean, running water.

**Dry** your hands using a clean towel or air-dry them.

## Standard Precautions

Standard Precautions are designed to reduce the risk of transmission of infection.

### **Standard Precautions**

- Perform hand hygiene frequently
- Use hand sanitizer
- Wash hands after touching bodily fluids and contaminated items
- Wear gloves when coming into contact with bodily fluids and contaminated items
- Cover mouth and nose when coughing or sneezing
- Have tissues available in common areas
- Clean and disinfect equipment and surfaces

## **Droplet Precautions**

- *Droplet Infections:* Infections transmitted through coughing, sneezing and talking
- *Example:* Influenza
- Wear a mask
- Use personal protective equipment (example: gloves)
- Wash your hands
- Clean and disinfect frequently touch surfaces and equipment

## **Airborne Precautions**

- *Airborne Infections:* Infections transmitted through coughing, sneezing, laughing and close personal contact. The discharge remains suspended in the air on dust particles, respiratory and water droplets.
- *Examples:* Tuberculosis, measles and chickenpox
- Use personal protective equipment (examples: mask and gloves)
- Limit transport and movement of the infected person
- Immunization

The Facility employs medical staff members available to answer questions you or your family have related to safety concerns. We are available to assist you with referrals to meet your medical needs.

## Transmission-Based Precautions

Transmission-Based Precautions are additional infection control precautions used to control the spread of infection.

### **Contact Precautions**

- *Contact Infections:* Skin-to-skin contact with an infected or colonized person
- *Examples:* MRSA, Scabies and C-Diff
- Use personal protective equipment (example: gloves)
- Clean and disinfect frequently touched surfaces and equipment
- Wash your hands